

Have you downloaded the '50 things to do before you're five' app? We strongly recommend you do! It's a fabulous **free** resource.



Not only is it free, and has a menu full of exciting activities for your family and young children to do, but it is also evident that the 50 Things To Do Before You're Five approach **improves** early language and literacy, motor skills, and resilience resulting in children to **thrive** cognitively, physically, and emotionally, and will be more ready for primary school.

The app is inspired by parents and carers, each activity has been developed by Early Years experts and language specialists to create a fabulous resource!

50 Things to do before you're 5 is underpinned by a strong evidence base including the Education Endowment Foundation and Public Health England.

The app has Information, guidance and supporting resources that allows you to build a digital memory bank of your child's special moments.

So what are you waiting for, download it today!

<https://cambspboro.50thingstodo.org/app/os#!/welcome>